

Yvonne Ortega

“As long as we have breath, there’s hope we can move from broken to beautiful.”



YVONNE ORTEGA
Speaker, Author

Yvonne Ortega, is a Licensed Professional Counselor (LPC), Licensed Substance Abuse Treatment Practitioner (LSATP), Clinically Certified Domestic Violence Counselor (CCDVC), Bilingual Professional Speaker, and former high school Teacher. She has a Master of Education in Counseling and degrees in Spanish. She is also a World Class Certified Speaking Coach. Additionally, she is a professional member of the National Speakers Association, an Area Director in District 66 of Toastmasters International, a member of the National Association of Addiction Professionals (NAADAC), the Virginia Association of Addiction Professionals (VAAP), and the Advanced Writers & Speakers Association (AWSA).

Do you feel discouraged, deceived, or depressed?
How much do you worry about things you can't change?
Do you struggle to forgive yourself and those who have hurt you?

With honesty and humor, Yvonne shares her life and struggles through presentations that help women move from broken to beautiful. Her background as a licensed professional counselor brings a unique perspective into the heart of women. Your audience will discover ways to:

- Find freedom as they forgive themselves and others
- Exchange the emotional roller coaster for peace and power
- Drop people pleasing and perfectionism and embrace their identity as women
- Experience hope and healing in the midst of adversity
- Discover the purpose for their lives and live with joy

MOST REQUESTED PRESENTATIONS:

Moving from Broken to Beautiful®

In an imperfect world with imperfect people, we suffer setbacks, sickness, and heartaches. We can wallow in them or turn them into something beautiful. Your audience will discover how to:

- Turn their shattered dreams into something beautiful
- Replace sadness and sorrow with joy
- Live each day as the gift it is

Moving from Broken to Beautiful® through Forgiveness

Since we don't have alligator skin and a heart of stone, people will hurt us - especially those closest to us. We also make mistakes in life and hurt others. Using personal anecdotes and the truths of the physical and emotional effects of unforgiveness, Yvonne's message will help women:

- Exchange shame and guilt for self-forgiveness
- Overcome anger and bitterness and forgive others
- Break free from the prison of the past and gain the freedom of forgiveness

Speak with Power, Passion and Polish

If you fear speaking in public, you're not alone! Gain confidence and tips from Yvonne's personal examples and a professional model to:

- Eliminate a weak opening and replace it with a dynamic one
- Replace confusing content with clear and compelling content
- Avoid delivery mistakes and present with power and passion

Note: Each bullet point for Speak with Power is a 30-60-minute presentation.

Schedule Yvonne Ortega for Your Next Event!

Contact Yvonne via email at:
Yvonne@YvonneOrtega.com

P.O. Box 955, Yorktown, VA 23692

WHAT AUDIENCES ARE SAYING:

I had the honor of attending a public speaking workshop where Yvonne was a presenter/facilitator. Who knew that so much speaking knowledge and power could be housed in such a petite package? Yvonne's style is genteel; but her impact is undeniable. Her coaching was able to provide the attendees with techniques that would immediately transform the novice speakers into speakers with more professionalism and polish. As a facilitator, coach or presenter, Yvonne does not disappoint!

- Wendy Smith, Certified Paralegal, Administrative Consultant

Yvonne's presentation on public speaking was extremely valuable for our organization. Her energy and passion are incredible, and she captures the crowd from the moment she walks on stage! As a marketing consultant, educator, and leader for our non-profit organization, I am presenting to large crowds on a regular basis. After Yvonne's presentation, I now have a clear understanding of how to lay my presentations out, and how to engage my audience better. Thank you for sharing your talents with us Yvonne!

- Courtney Buzzell, Proximo Marketing Strategies LLC, Owner/Consultant
Peninsula Women's Network, President-Elect/ Programs Chair

Yvonne has a powerful story that will captivate, inspire and move your audience. Her message is infused with steely strength and unshakeable hope. Her stories of resilience and victory over breast cancer and domestic violence encourage those who struggle with similar challenges as well as those who work with them.

- Susan H. Badeau, National Child Welfare Consultant, Author/Speaker

Yvonne Ortega addresses her audiences with strength and conviction. She relates her stories in such a vivid way that you will feel like you are experiencing them alongside her. Anyone attending her program will walk away with a sense of amazement and wonder over her insight into the processes of our minds.

- Barbara V. Evers, Owner of Eversworks, Trainer/Author/Speaker

Yvonne's personal experiences of battling breast cancer, divorce, and the loss of her only child bring insight, encouragement, humor, and meaningful take-a-ways of comfort. She ignites hope in the downtrodden one presentation at a time.

- Carolyn Knepely, Go With Vision, Co-Director

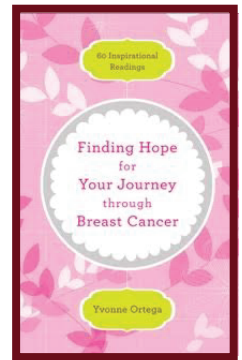
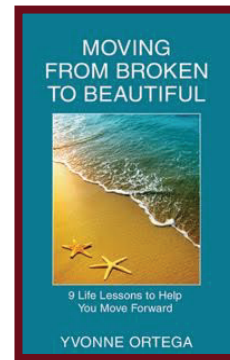
TAILORED PRESENTATIONS:

Want a combination of the above topics?
Ideal for your weekend retreat or conference package.

Need bilingual programs? Available in English and Spanish.

<http://yvonneortega.net/speaking/>

Want Faith-based programs?
Visit www.yvonneortega.com



Hope and healing are more than theories from a textbook.

Yvonne survived and thrived after breast cancer, divorce, single parenting, car accidents, and multiple family losses within weeks of one another including the loss of her only child.

Her published books include *Finding Hope for Your Journey through Breast Cancer* and *Moving from Broken to Beautiful: 9 Life Lessons to Help You Move Forward*.

She is also a contributing author to *The Embrace of a Father* and *Transformed*. She has published more than 200 articles and has taught at major writing conferences across the U.S.



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