

A Grieving Person's Prayer

By Yvonne Ortega

Oh God,
I'm shattered, and the tears won't stop. You know how much I loved
_____.

I can't imagine my life without my loved one. My pillow is soaked
with tears.

Every room of the house reminds me of my loss. How can I escape
the pain?

The pictures on the dresser, on the wall, and on the mantle remind
me of wonderful memories. I sob when I think of not being able to
add to those memories.

I can't eat. I can't sleep. I can barely function. My precious
_____ will never call me or walk through my front door
again.

What will I do when birthdays, the anniversary of _____
passing, and seasons like Thanksgiving and Christmas come? I want
to run away, but I don't know where.

The Bible says you're the father of compassion and the God of all
comfort. It says you will comfort me in all my troubles.

Please comfort me, God. I hurt so badly. You're the only one who
can get me through this. Amen.

Copyright © by Yvonne Ortega XI.XVI.MMXII