

A Prayer for Personal Peace

By Yvonne Ortega

Dear God,
Some days are harder than others. Today is one of those harder ones. I feel like all I do is work my eight-hour day, clean house, do laundry, buy groceries, cook meal after meal, and run errands.

I'm tired, and I long for a few moments of peace.

My money has to cover the bills, but you know the electric bill and food costs have gone up. It seems like the cost of everything has gone up or will soon do so.

When the bank statement comes in, I get nervous. I can't afford to have a check bounce, but I'm not the best mathematician either.

Sometimes I worry at night and can't sleep. I turn and toss in bed, and my mind races. The next morning I'm exhausted.

The Bible says that if I tell you my problems and focus on you and your blessings, you'll give me peace. Help me do that. I really need that peace.

Dear God, please bless me with peace. Amen.

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