

Prayer of One Going through Divorce

By Yvonne Ortega

O dear God,
I never thought I'd be going through divorce. Now here I am alone
in my new apartment.

One minute I'm scared of the future. The next I'm angry. Then
depression sweeps over me, and I wish I could die.

As I look at the pile of boxes to unpack, I sob and wonder what
happened.

I remember how happy I was when we got engaged. I was a typical
bride to be rushing to show my ring to everyone I knew.

We were supposed to live happily ever after. Instead the marriage
turned into a nightmare. Why didn't we make it? Where were you,
God?

Because of the divorce, shame and guilt have paralyzed me.

I can't possibly ever trust anyone again or allow myself to fall in
love again. It's too painful.

And yet I don't want to be bitter or resentful either.

O God, please help me through this mess.

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