

## Prayer of One in Recovery from Substance Abuse

By Yvonne Ortega

Dear God,  
I don't feel like I have a right to come to you. I turned my back on you when I chose to go my own way.

That was a big mistake. My drinking led to an arrest for a DUI. Alcohol along with other drugs also cost me my marriage, my family, and my job.

My first drink was fun. I didn't expect to get hooked.

Now I feel alone and hopeless. I'm full of shame and guilt and mad at myself for messing up my life. I gave up my real friends for nothing but trouble.

For a long time I blamed my parents, my spouse, the kids, my boss, my lawyer, the judge, and anyone else I could think of.

But the whole world can't be wrong. I have to admit I brought it on myself. Please forgive me.

Will you give me another chance? I heard you're the God of the second chance, and I need one badly. Please help me do better. Thanks, God.

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